OCTOBER 2025

DeForest Area Middle School Menu

We are an equal opportunity provider.



Monday	Tuesday	Wednesday	Thursday	Friday
,	,	1	2	3
Breakfast: \$2.00 Reduced \$.30 Lunch: \$3.50 Reduced	-Milk Choices: 1% or skim chocolate. -Menus are subject to change. -Contact Becky Terry, RDN, Foodservice Supervisor with any questions at	Breakfast: Mini Pancakes or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Big Daddy's Pizza, French Fries, Green Beans, Salad Bar, Apple Slices, Milk	Breakfast: Donut Day or Cereal/Cheese, Juice, Fruit, Milk Lunch: French Toast Sticks/Sausage or Stuffed Crust Pizza, Veggie Slushie, Salad Bar, Grapes, Milk	Breakfast: Banana Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Chicken Strips or Pizza or Buffalo Dippers and Marinara, Celery, Carrots, Dragon Punch, Raspberry Applesauce, Milk
6	7	8	9	10
NO SCHOOL	Breakfast: Cinnamon Roll/Sausage or Cereal/Cheese, Juice, Fruit, Milk Lunch: Nacho Day or Fr. Bread Pizza, Taco Pinto Beans, Cooked Carrots, Pineapple, Cornbread, Milk	Breakfast: JJ Breakfast Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy or Breaded Chicken Sandwich or Mozzarella Sticks, Mixed Veggies, Salad Bar, Pears, Milk	Breakfast: Chocolate Crescent or Cereal/Cheese, Juice, Fruit, Milk Lunch: Popcorn Chicken or Stuffed Crust Pizza, Mashed Potatoes, Corn, Salad Bar, Tropical Fruit Salad, Milk	Breakfast: Strawberry Cream Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Big Daddy Pizza, Celery, Baby Carrots, Sliced Apples, Milk
13	14	15	16	17
Breakfast: : Mini Cinni's or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Hot Dog/Bun or Pizza, Spiral Fries, Baked Beans, Salad Bar, Pears, Milk 20 Breakfast: Breakfast Pizza or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken Patty and Eggogi	Breakfast Egg Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk Lunch: General Tso Chicken/Rice or Nardone Pizza, Cooked Carrots, Broccoli, Salad Bar, Mandarin Oranges, Milk 21 Breakfast: Cinnamon Roll/Sausage or Cereal/Cheese, Juice, Fruit, Milk Lunch: TACO TUESDAY or	Breakfast: Mini Pancakes or Cereal/Cheese, Juice, Fruit, Milk Lunch: Scrambled Eggs/Pancake Bites or Garlic Parm Cheesebites, Potato Emojis, Dragon Punch, Salad Bar, Strawberries, Milk 22 Breakfast: JJ Breakfast Bar or Cereal/Cheese, Juice, Fruit, Milk Lunch: Spicy or Regular Popcorn	Breakfast: Donut Day or Cereal/Cheese, Juice, Fruit, Milk Lunch: Honey Sriracha Chicken or Chicken Nuggets or Pizza Dippers, Corn, Salad Bar, Banana, Milk 23 Breakfast: Chocolate Crescent or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cherry Blossom	Breakfast: Banana Bread or Cereal/Cheese, Juice, Fruit, Milk Lunch: Breaded Chicken or Dill Chicken Sandwich, Baby Carrots, Celery, Sliced Apples, Jonny Pop, Milk 24 Breakfast: Strawberry Cream Cheese Bagel or Cereal/Cheese, Juice, Fruit, Milk
Waffle or Mozzarella Sticks/Marinara, Green Beans, Salad Bar, Tropical Fruit Salad, Milk	Stuffed Crust Pizza! Taco Meat, Shredded Cheese, Tortilla or Chips, Refried Beans, Corn, Pears, Apple Churro, Milk	Chicken or Pizza Slice, Cooked Carrots, Salad Bar, Fruit Slushie, Milk	Chicken/Rice or Fr. Bread Pizza, Broccoli, Salad Bar, Mandarin Oranges, Milk	Lunch: Pretzel Wrapped Hot Dog or Nardone Pizza, Dragon Punch, Salad Bar, Pineapple, Milk
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Breakfast: : Mini Cinni's or Cereal/Yogurt, Juice, Fruit, Milk Lunch: Chicken Drumstick/Mac & Cheese or Pizza, Peas, Salad Bar, Pears, Milk	Breakfast Egg Breakfast Sandwich or Cereal/Cheese, Juice, Fruit, Milk Lunch: Mandarin Org Chicken/Rice or Fr. Bread Pizza, Broccoli, Salad Bar, Mandarin Oranges, Fortune	Breakfast: Mini Pancakes or Cereal/Cheese, Juice, Fruit, Milk Lunch: Cheeseburger or Big Daddy's Pizza, French Fries, Green Beans, Salad Bar, Apple Slices, Milk	NO SCHOOL	Alternative entrée choices include: Yogurt meals, deli sandwiches and wraps, chef salads.
	Cookie, Milk			NO SCHOOL